

Multi-County Cancer Support Network, Inc. Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore, Warren

Volume 29

Number 7

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OFFICERS

Terry Tucker, President Carol Davis, Vice President Dr. Navid Monajjem, Secretary Linda Goodman, Treasurer

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MCCSN is a registered section 501 (c) (3) nonprofit organization

Dir. of Operations: Dottie Darnell (Interim) Office Assistant: Linda Goodman

Office Hours: 8:00 a.m. – 11:30 a.m. 12:30 p.m. – 4:00 p.m. Tuesday, Thursday, Friday

Mailing Address: P. O. Box 633, Decherd TN 37324

Office Address: 501 W. Broad Street Decherd, TN

Contact Numbers: 931-967-0904 Fax: 931-967-0920

Website: www.mccsn.org

E-mail: mccsn501@att.net

Associate Newsletter Volunteer: Open

Newsletter published periodically with exception of January, also available on the website



A cancer diagnosis... comes with feelings of sadness, anger, confusion, and helplessness. For the person who has been diagnosed with cancer, it is helpful when friends and family members provide a comforting presence and support. It is often difficult for others to know what to say or start a conversation with someone who has cancer. However, staying in touch is always better than staying away.

A cancer diagnosis can affect life in many ways, both for people with cancer and for their families. In addition to the many physical and emotional challenges, many people worry about how they will pay for treatment or what will happen if they aren't able to work or need to change how they work. Recognizing these costs for individuals and for our society is an important part of understanding the true burden of cancer.

For people diagnosed and living in Bedford, Coffee. Lincoln, Marion, Moore, Warren, Grundy and Warren counties, there is help through Multi-County Cancer Support Network (MCCSN). The mission of this 30year event is to help cancer patients financially by paying utilities (electric, water, gas), providing food vouchers and travel reimbursement when traveling to receive chemo and/or radiation treatments.

MCCSN. . . a non-profit organization is entirely dependent on churches, individuals, businesses, clubs, volunteers of special events, and supporters of the annual Walk-A-Thon, all of whom give generously to help cancer patients.

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Continued from left. . .

On September 8, 2023, MCCSN will be celebrating its 30th Annual Walk-A-Thon, and will be held at the old FCHS football stadium 808 Dinah Shore Blvd. Well-known favorite Josh Ogle will be serving as the MC this year.

Traditionally, the Walk-A-Thon is "kicked off" with cancer patients walking the first lap, a survivor lap while "Amazing Grace is sung.

Cancer survivors receive a t-shirt from MCCSN at no cost. Remember to register now and get your t-shirt. The shirts will be available soon for pick-up at the MCCSN office or at the Walk-A-Thon.

For memorials and honorariums. . . a candle form – for remembering someone whose life has been touched is included in this issue. Candles are available with a donation of \$<u>10.00 per</u> name.

<u>Teams!!</u> If you have not already done so, get your teams signed up NOW! Team tshirts for each team walker will able be available for pick-up. Each team member donates \$50.00. And do not forget to participate in the tent decorating contest. The theme for 2023 is "Neighbors helping Neighbors".

SPONSORSHIPS have become an important part of the Walk-A-Thon. Businesses and individuals are also requested to submit your request and donations no later than August 18th. See Sponsorship Levels on page 2.

COME and **SUPPORT** the 30th Annual MCCSN Walk-A-Thon. You will have fun, an inspirational experience and a great opportunity to do something good for a lot of folks!!

Sponsorship Levels

Platir	num Plus Plus Neighbor	\$ 2,000
٠	Acknowledgement in Herald Chronicle Walk-A-Thon special publication	
٠	Acknowledgement in Walk-A-Thon booklet and sign displayed during Wal	lk-A-Thon
٠	Verbal thank you announcements over PA system throughout the event	
٠	3 of 24 x 18 Corroplast signs with stakes	
٠	6 of 11 x 17 <i>Proud Sponsor</i> posters	
•	10 Team shirts & up to 10 Luminaries	
Platin	um Neighbor	\$ 1,200
•	Acknowledgement in Herald Chronicle Walk-A-Thon special publication	
•	Acknowledgement in Walk-A-Thon booklet and sign displayed during Wal	lk-A-Thon
•	Verbal thank you announcements over PA system throughout the event	
•	2 of 24 x 18 Corroplast signs	
٠	4 of 11 x 17 Proud Sponsor posters	
٠	5 Team shirts & up to 5 Luminaries	
Gold I	Neighbor	\$ 700 *
٠	Acknowledgement in Herald Chronicle Walk-A-Thon special publication	
٠	Acknowledgement in Walk-A-Thon booklet and sign displayed during Wa	lk-A-Thon
•	Verbal thank you announcements over PA system throughout the event	
•	1 of 24 x 18 Corroplast signs	
•	2 of 11 x 17 Proud Sponsor posters	
٠	3 Team shirts and up to 3 Luminaries	
Silver	Neighbor	\$ 300 [;]
٠	Acknowledgement in Herald Chronicle Walk-A-Thon special publication	
٠	Acknowledgement in Walk-A-Thon booklet and sign displayed during Wal	lk-A-Thon
٠	Verbal thank you announcement over PA system during the event	

- 1 of 24 x 18 Corroplast signs
- 1 of 11 x 17 Proud Sponsor posters

MCCSN Prayer list = Please pray for each person listed and their families. Names are in bold print when first added. If you have asked to be on the prayer list and your name does not appear below, or you would like to add someone to the prayer list, please email mccsn501@att.net with your request or call MCCSN office (931/967-0904).

Bedford	Franklin	Grundy	Lincoln	Moore
Jacqueline Cantrell Karina Flores Carolyn F. McCroskey Kiana Pendergrass Earl Pressley James Price Diana Prince Leo Trice Coffee David Bolt Deborah Clayton Larry Elkins Beatrice Embair Marsha Hicks Danielle Phillips Joyce Thompson Karen Tyler	Anonymous Herman Acklen Melisa Ballard Anthony Carter Susan Elliott Kristina Farris Brenda Hall Dickie Hollis Mark Hughes James Ingle Bill Keller Dwayne Miller Christina Payne Tina K. Robinson Edith Scott Ellen Steadman Earl Stoutzenberger Jim Tipps Pepply Zeman	Johnny Bray Ethelene Burnette Kathy Campbell Russell Fountain D. Jane Hampton Tammy Hargis Phyllis Heck Betty Johnson Tony King, Jr Brenda Layne Norman Meeks Jennifer Parmley Doris Patrick Greg Prince Joseph Sylvester Bessie D. Totherow Jeffery Vanderploeg	Steven Bailey Jack Beavers Jane Bradley Christy Burnsed Sherry Cagle Anthony Carter Chris Counts Roxane Halburg Kimberly Johnson Joey McNeal Shirlie Mearse Connie Parks Deborah K. Tallent Marion Alicia Elmore Natasha Johnson Gary Kimber Lasenia Ladd Marty Webster	Jeffery Burton Vickie Farrar Warren David Aycock Jeffery Borren Sunshine Clem Kurtis Grubbs Emily Knowles Pam Minton Russell Montandon Gwendolyn Robles Kellie Thaxton Out of State Bobby Clark (Indiana)

Memorials

Arthur Monroe Brandon by The Home Instead Team Linda K. Goodman Katie Hill & Family Dan H. & Terry Tucker

Houston Kenneth Clark by Dale & Joyce Caldwell Dwight & Stacey Duckworth Linda K. Goodman Katie Hill & Family Wannella Ingleburger Mr. & Mrs. Benji Ingleburger & Family David Miller Johnny & Diana Seals Donna Seely Dan H. & Terry Tucker Mr. & Mrs. David Woodfin & Family

Leon Clark by Huntland High School Friends & Classmates of Classes 1960-1961-1962

William B. Davis by Linda Goodman

Willie Duckworth by Dale & Joyce Caldwell Steven & Cindy Callaway Roberta Elder Jones Carol S. Davis

Bobby R. Mallard by Dottie & Terry Darnell

William Olbert Sells by Dale & Joyce Caldwell

Pauline Steadmon by Mary E. Bennett Linda Goodman

Joe West by Dwight & Stacey Duckworth

Arlene Wright by Dale & Joyce Caldwell Linda Cornelison Linda K. Goodman Katie Hill & Family Dan H. & Terry Tucker

Deepest Sympathy

To the families who have lost loved ones including the families of:

Christy Lee Burnsed Houston Kenneth Clark Lisa Clark Groce Bobby R. Mallard Floyd Dale Mathis Michael McCoy Christina "Tina" Payne



"The Lord himself goes before you and will be with you; he will never leave you nor forsake you"

-Deuteronomy 31:8

REGULAR DONATIONS

Thomas & Jean Arnold David Baldovin Susan Diane & James Sain Smith Chapel United Methodist Church

WALK-A-THON DONATION Velma M. Davis

Thank you for caring and your generosity

Card of Thanks

Dear Multi-County Cancer Support,

My family and I would like to thank you for the monetary support you have given us during this difficult time. It has been greatly appreciated and helpful.

We also would like to thank you for your kindness when we called the office, your prayers and cards. It has all been a comfort and encouragement to us.

Please continue to keep us in your prayers!

Rusty & Renee Montandon & Family

Reminder . . . Circle of Light

Your help is still needed. . . The *Circle* of *Light* candles are given by MCCSN in memory of those who have lost their battle with cancer since the last Walk-A-Thon (September 2022).

If you know of anyone who should be included in the *Circle of Light*, please call the office - (931/967-0904).

Attention All Survivors!!!!!

Multi-County Cancer Support Network (MCCSN) would like to hear about your journey with cancer. Your testimonials are very encouraging to those who are presently battling cancer.

Tell us how long you have been a survivor whether it has been just a few months or several, several years!

We are searching for the longest cancer survivor who lives in our eight counties (Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore and Warren) that we serve. We would like to give special recognition to all those who have battled this dreadful disease. We will be recognizing all those who are survivors at the 30th annual Walk-A-Thon, on September 8, 2023. This is a time to celebrate and we want to celebrate with you!!

Please contact us at 931/967-0904 or MCCSN, P.O. Box 633, Decherd 37324. You may also send details via email: mccsn501@att.net.

> Above all else, Guard your heart, for everything You do flows From it.

> > -Proverbs 4:23

Multi-County Cancer Support Network, Inc. P. O. Box 633 Decherd, TN 37324

RETURN SERVICE REQUESTED

Nonprofit Org. US Postage Paid Winchester, TN Permit No. 6

MAIL TO:

"Chain of Love"



Material Girls Quilt Guild made this cool-toned blue and green Irish "*Chain of Love*" Quilt for the 30th Annual MCCSN Walk-A-Thon.

This beautiful work of art is bordered with a fun and modern print and measures 90"x 96".

Tickets are \$1.00 and are available from Material Girls Quilt Guild members or at the MCCSN office (Tuesday, Thursday, and Friday, 8am-4 pm).

In August the quilt will be displayed in Gift Shop of Southern Tennessee Regional Health System Hospital in Winchester where tickets will be available.